

Housing and Mental Health Network: Serving Older Adults with Mental Illness in Affordable Housing

Wednesday, March 18, 2015

9:00 am – 11:00 am

Atlanta Regional Commission

Presentation	Discussion Notes
<p data-bbox="176 443 386 475">9:15-10:40 am</p> <p data-bbox="176 508 709 605">“What Happens in Psychiatric Hospitalization: Strategies for Making the Most of an Inpatient Stay”</p> <p data-bbox="176 646 674 743">Laura Nichols, LMSW <i>Assistant Director of Care Coordination, Wesley Woods Hospital</i></p> <p data-bbox="176 784 642 881">Tashika Crawley (Holloway) <i>Account Manager, Southern Crescent Behavioral Health</i></p>	<p data-bbox="726 443 1339 475">Strategies for crisis / seeking hospitalization</p> <ul data-bbox="726 475 1902 881" style="list-style-type: none">• Consider making an urgent clinic appointment with the person’s doctor to potentially avoid hospitalization. Request that the doctor write an order for a psychiatric home health nurse visit too.• Mobile crisis team can evaluate and determine if hospitalization is necessary, assisting with involuntary hospitalization when needed.<ul data-bbox="835 654 1902 784" style="list-style-type: none">○ Emory Mobile Crisis will see people in the hospital or Emergency Dept○ Southern Crescent’s Anchor Mobile provide evaluations in healthcare settings but also in a person’s home if a professional is also present (info attached)○ Georgia Crisis & Access Line (1-800-715-4225) can also send out mobile crisis teams to home or other settings.• If sending a person the Emergency Dept, call ahead and let the charge nurse know that your person is coming in and needs psychiatric hospitalization. <p data-bbox="726 889 1150 922">Strategies for the hospital stay</p> <ul data-bbox="726 922 1902 1271" style="list-style-type: none">• Send the person a get-well card from friends or neighbors so he/she still feels connected to the community and supports.• Hospitals will likely ask for you to provide a patient code before they speak with you. However, you can try asking the hospital social worker to ask the patient whether he/she would want to speak with you. Getting the patient’s permission can open up communication about the hospital stay and planning for the return home.• If you know the patient needs something like memory testing, request that it be done during the hospital stay.• Sometimes, hospitals will take information from you about a patient’s home situation even if they cannot discuss the patient’s case with you. <p data-bbox="726 1279 1381 1312">Strategies for returning home from the hospital</p> <ul data-bbox="726 1312 1902 1401" style="list-style-type: none">• People can often get a psychiatric home health nurse to visit shortly after hospitalization to help with medication management and follow-up care. The doctor can write an order for this.

	<ul style="list-style-type: none"> • Make sure that the hospital has correct contact information for the person and his/her caregiver. We know that sometimes a person will not follow-up on his/her care unless a friend or family member helps make sure it happens. • If possible, communicate with the person's hospital team about his/her triggers or red flags. • Consider step-down programs such as a partial hospitalization program (PHP) or intensive outpatient program (IOP) that provide time-limited medication monitoring and talk therapy.
<p>10:40 – 11:00 am Suzette Greene <i>Case Manager, Home & Community Based Services</i> <i>Visiting Nurse Health System</i></p>	<ul style="list-style-type: none"> • When working with a client to set up home-delivered meals, identified that client has severe depression. • Spent significant time coordinating psychiatric hospitalization. Client's depression is now much better managed.

Upcoming Meetings in 2015	
Thur, June 25	9am – 11am
Thur, September 24	9am – 11am
Thur, December 17	9am – 11am
<p>Meetings to be hosted at the Atlanta Regional Commission.</p>	