PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

NAME:	John Q. Sample		DATE:		
bothered by a	2 weeks, how often have you been any of the following problems? dicate your answer)	NO 81 81	Severa dans	Nor the loss	HERIN BREM LEN
1. Little intere	st or pleasure in doing things	0	1	1	3
2. Feeling dov	wn, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much		0	1	Í	3
4. Feeling tire	d or having little energy	0	1	2	1
5. Poor appet	ite or overeating	0	1	2	3
-	d about yourself—or that ailure or have let yourself nily down	0	1	V	3
	ncentrating on things, such as reading the or watching television	0	1	V	3
have notice	speaking so slowly that other people could ed. Or the opposite—being so fidgety that you have been moving around a lot usual	0	1	✓	3
-	hat you would be better off dead, g yourself in some way	V	1	2	3
		add columns:	2	+ 10	+ 3
	(Healthcare professional: For interpretation please refer to accompanying scoring card).			15	
<i>difficult</i> h you to do	ecked off <i>any</i> problems, how have these problems made it for b your work, take care of things at r get along with other people?		s v	ot difficult at al omewhat difficu ery difficult xtremely difficu	ılt

Copyright © 1999 Pfizer Inc. All rights reserved. Reproduced with permission. PRIME-MD® is a trademark of Pfizer Inc.

PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

NAME:			DATE:			
Over the <i>last 2 weeks,</i> how often have you been bothered by any of the following problems? (use "✓" to indicate your answer)	Notalall	Several bars	Northe days	Nexts every test		
1. Little interest or pleasure in doing things	0	1	2	3		
2. Feeling down, depressed, or hopeless	0	1	2	3		
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3		
4. Feeling tired or having little energy	0	1	2	3		
5. Poor appetite or overeating	0	1	2	3		
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3		
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3		
8. Moving or speaking so slowly that other people could have noticed. Or the opposite—being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3		
9. Thoughts that you would be better off dead, or of hurting yourself in some way	0	1	2	3		
	add columns:	+ +				
(Healthcare professional: For interpretation of please refer to accompanying scoring card).	TOTAL, TOTAL:					
10. If you checked off <i>any</i> problems, how <i>difficult</i> have these problems made it for you to do your work, take care of things at home, or get along with other people?			Not difficult at all Somewhat difficult Very difficult			
		E	xtremely difficu	ılt		

Copyright © 1999 Pfizer Inc. All rights reserved. Reproduced with permission. PRIME-MD® is a trademark of Pfizer Inc.